

PROTECT YOURSELF FROM Hepatitis A

HOW IS IT SPREAD?



Not washing hands



Sex with infected partners



Eating/drinking foods contaminated by Hepatitis A



Illegal drug use

It can also be spread through close contact with someone infected with Hepatitis A

WHAT ARE THE SYMPTOMS?



Yellowing of eyes and skin (jaundice)



Fever



Nausea or throwing up

Other symptoms include: dark pee, pale poop, stomach pain, feeling tired or loss of appetite
If you have symptoms, see your doctor.

HOW DO I PREVENT THE SPREAD OF HEPATITIS A?



Wash your hands with soap and warm water after using the bathroom or changing diapers and before eating and preparing food.



GET VACCINATED IF YOU ARE AT HIGH RISK FOR GETTING HEPATITIS A!

WHO IS AT HIGH RISK?

- Men who have sex with men (MSM)
- People who use illegal drugs
- People currently homeless or in transient living
- People recently in jail or prison
- People with underlying liver disease