How to Google Meet...
Washington County
Creating Healthy Communities
Coalition Meeting
May 21, 2020

This meeting is recorded.
Our Coalition
Please share in alphabetical order by the organization you represent. Limit to 2-3 minutes.

Armory Square Marietta
AVI Foodsystems
Belpre Area Ministries
Belpre Area Multi-Use Trail Committee
Belpre City Schools
Brick Insurance Group
Broughton Foundation
Buckeye Hills Regional Council
City of Belpre
City of Marietta
Clutch MOV
Cox Family Pharmacy
Community Health Improvement Associates
Decatur Community Association
Devola Multi-Use Trail
Fort Frye Wellness
GoPacks
House of Hope
Kiwanis Club of Marietta
Marietta Adventure Company
Marietta/Belpre City Health Department
Marietta High School

Marietta Family YMCA
Muskingum Township
Ohio Department of Health
OSU Extension, Washington County
O’Neill Center
Proactive Health Solutions, LLC
Retired Senior Volunteer Program of Washington County
The Right Path for Washington County
River Valley Mountain Bike Association
University of Charleston School of Pharmacy
Sisters Health Foundation
Village of Beverly
Village of Lowell
Village of Matamoras
Western Washington County Seniors
Washington County Behavioral Health Board
Washington County Board of Developmental Disabilities
Washington County Career Center
Washington County Family and Children First
Washington County Harvest of Hope
Washington County Health Department
Washington County Public Library
Did we miss anyone?
Our Coalition’s 2020 Impact Objectives

- Washington County CHC Coalition will increase Policy, System & Environmental knowledge and skills.

**POLICY, SYSTEMS, AND ENVIRONMENTAL CHANGE**

- Change Policies
- Change Systems and How They Work
- Change the Environment around You

<table>
<thead>
<tr>
<th>Policies at the legislative or organizational level</th>
<th>Changes made to the rules within an organization; often focuses on changing infrastructure or instituting processes or procedures</th>
<th>Change made to the physical environment (or social / economic factors)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ex 1: locality cigarette tax (P) or organizational tobacco-free policy (p). Ex 2: policy on no soda in vending machines, at school events.</td>
<td>Ex 1: creating a certification process for school bake sales to ensure they are in line with school wellness policy. Ex 2: school switches procurement and cooking systems to fresh from scratch foods.</td>
<td>Ex 1: installing bike signage for bike routes or sidewalk installation and pedestrian friendly intersections to promote walking and biking. Ex 2: installing school gardens (expose students to fresh produce, teach about how food grown).</td>
</tr>
</tbody>
</table>
Change to Policy, System, and Environment in Washington County

1. Access to places for physical activity, as evidenced by New/Repaired Playgrounds at Palmer Township Building.

☐ Change to Policy

☐ Change to System

☐ Change to Environment

Comment

https://www.surveymonkey.com/r/2LB8ZVB
We will increase access to Physical Activity through . . .

- Washington County priority community will increase the number of adults/youth who have access to places for physical activity as evidenced by an increase in 1 New/Repaired Parks and Playgrounds. **Palmer Township Building**

- A jurisdiction within Fort Frye Local School District priority community will implement and/or enforce physical activity policies/practices as evidenced by an increase in 1 Active Transportation Plan. **Village of Beverly**

- Marietta priority community will increase the number of adults/youth who have access to places for physical activity as evidenced by an increase in 2 Bike Infrastructures. **Pioneer Golf & Washington County Public Library**
We will increase access to Access to Healthy Food through . . .

- **Fort Frye Local School District** priority community will increase access to healthy food options as evidenced by an increase in 1 Farm-to-Institution.
- Washington County priority community will implement and/or enforce healthy eating policies/practices as evidenced by an increase in 1 Food Service Guideline. RSVP, Warren Local Schools, & ?
- Marietta priority community will increase access to healthy food options as evidenced by an increase in 1 Food Pantry. Greater Marietta Community Food Pantry or ?
1. I am satisfied with my knowledge and skills to Change to Policy, System, & Environment.

   Strongly Disagree                                           Strongly Agree
   [ ]                                                           [ ]

2. How relevant is Change to Policy, System, & Environment in your role?

   Not Relevant                                           Moderate                                           Extremely Relevant
   [ ]                                           [ ]                                           [ ]

3. Name and/or Organization

   [ ]

https://www.surveymonkey.com/r/7N89HVC
Sisters Health Foundation Fall 2020 grant cycle opens June 15 with the deadline to apply being August 5. New priority areas and related descriptions (Healthy Eating, Active Living; Thriving Neighborhoods, Mental Health and Addiction).

Priority Areas for All Grant Programs

Healthy Eating, Active Living

- We support projects and strategies that prevent or manage chronic health conditions by promoting healthy eating and active living through one or more of the following:
  - Education about the health benefits of a healthy weight, good nutrition, and physical activity
  - Efforts that encourage and support behavior change
  - Environmental changes that make healthy choices the easy choices
  - Increased access and distribution of healthy foods
  - Promotion and provision of opportunities for increased physical activity
  - Coalition and cross-sector collaboration that promotes healthy eating and active living through policy or programmatic change

Thriving Neighborhoods

- We support projects and strategies that address improving neighborhood conditions where people live, learn, work, and play so that everyone has the ability to achieve their full health potential by:
  - Improving the accessibility, affordability, and quality of health and health care
  - Improving access to reliable transportation options so people can reach needed health and social services
  - Improving access to stable and safe housing to foster a healthy living environment
  - Supporting efforts to increase connections to community resources and to one another to foster an environment of social connectedness and belonging
  - Improving access to high-quality early childhood programs including in-home programs designed to improve maternal and child health, parenting skills, and child development as well as programs supporting the health and well-being of the pre-K-12 student population
  - Supporting coalition and cross-sector collaboration that improves neighborhood conditions and advances policy or programmatic change

Mental Health and Addiction

- We support projects and strategies that address mental health and/or addiction. Related to mental health, we are interested in the areas of health promotion and prevention. Related to addiction, we are interested in the areas of prevention, early intervention, and recovery support. We are especially interested in evidence-based programs focused on:
  - Prevention activities such as education and stigma reduction of mental health and substance use disorders: trauma-informed care practices and supportive environments in schools, churches, work places and other community settings; and provision of mental health services in schools and school-based health clinics
  - Early intervention activities such as identifying and reducing individual risk factors for substance use, improving connections to needed services across various systems, and harm reduction efforts to reduce the number of deaths and the spread of disease
  - Building the behavioral health workforce, including peer support specialists/peer recovery supporters, supporting high school and college pipeline programming, and encouraging careers in behavioral health
  - Supporting people in recovery with positive supports such as housing, connections to employment, and transportation
  - Coalition and cross-sector collaboration that advances policy or programmatic change

Creating Healthy Communities
Announcements

Dear Trail Partner—

The team at Rails-to-Trails Conservancy is closely tracking relief and funding opportunities related to COVID-19 that may be appropriate for trail development.

On May 7, the Economic Development Administration (EDA) announced the availability of $1.5 billion in CARES Act funds in response to the pandemic. This funding will provide investments that support construction, non-construction, planning, technical assistance and revolving loan fund projects under EDA’s existing Public Works program. The funds are intended to aid regions across the country experiencing severe economic dislocations and hardship brought about by the pandemic.

The EDA’s funding announcement encourages “initiatives that present new ideas and creative approaches to advance economic prosperity in distressed communities.” While EDA programs are not a traditional source of trail funding, we believe trail and active transportation applications that make a strong economic impact and recovery case could very well be competitive in this program. EDA will accept applications for grants to support a wide variety of assistance, including:

- Planning and technical assistance.
- Capitalization and recapitalization of revolving loan funds, which provide access to capital for businesses.
- Construction of infrastructure and other economic development projects.
Announcements

Announce the continuation of their Feeding Programs throughout the 2020 Summer due to COVID-19.

The Boys & Girls Club and GoPacks will collaboratively offer a summer feeding program to students enrolled in their programs.

For More Information Contact:
Rebecca Johnson, 740.373.4123,
Boys & Girls Club
Heather Warner, 740.628.5533,
GoPacks
Currently Seeking Funding
**Behavioral Health Providers**

**Service Updates for COVID-19 as of 5.12.2020**

**Hopewell Health Center**  
Call (740) 423-8095, Monday - Thursday 8:00 a.m.-5:00 p.m.; Friday 9:00 a.m.-5:00 p.m.  
Telehealth services available for new and existing clients. Face shields or masks are required for any in-person visits.

**Integrated Services**  
Call 1-800-321-8293, Monday-Saturday from 8:00 a.m.-8:00 p.m.  
Telehealth services available for new and existing clients (must have Ohio Medicaid)  
**Housing Services Available:** Community Transition Program for individuals who were incarcerated (in prison, not jail) after April 19, 2019, and have struggled with homelessness since release, AND have Ohio Medicaid (or eligible for it). This program pays the full amount of deposit and rent for three months, until employment is secured, at which time rent will be based on 30% of the household income. Tenant Assistance Fund is also available to help with utility deposits, purchasing appliances and furniture.

**Life & Purpose Behavioral Health**  
Call (740) 376-0930, Monday-Thursday 8:00 a.m.-4:30 p.m., Friday 8: a.m.-4:00 p.m.  
Virtual/Telehealth “walk-in” clinic during business hours for new & existing clients. Adult day treatment and IOP are operating in-person.

**Rigel Recovery Services**  
Call (740) 371-5160 to schedule an assessment or for more information. Currently providing telehealth/zoom Assessments, Groups, MAT Services and Peer Recovery for new and existing clients. Monday-Friday, 8:00 a.m. – 4:30 p.m.

**Rigel Recovery Residential Services**  
Call (740) 371-5476, Monday-Friday from 8:00 a.m.-4:30 pm to complete a pre-screening for residential-detox placement. Messages left outside of these hours will be returned the next business day. An assessment will be scheduled and completed via telehealth/zoom to determine eligibility for residential placement. Upon assessment completion, a date will be provided for placement into the facility. For detox placement, a pre-screening will be completed over the phone and a date will be provided for placement at the time of call.

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<thead>
<tr>
<th>Description</th>
<th>CALL OR TEXT</th>
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<tbody>
<tr>
<td>OhioMHAS (Mental Health &amp; Addiction Services) Behavioral health professionals will staff the CallCenter from 8 a.m. to 6 p.m., 7 days a week. They will offer confidential support in times of personal crisis when individuals may be struggling to cope with current challenges in their lives. After 6 p.m., the CallCenter will focus on the National Suicide Prevention Lifeline, allowing these callers to receive crisis services 24 hours a day.</td>
<td>CALL: 1-800-720-9516</td>
</tr>
<tr>
<td><em>National Disaster Distress Hotline</em> SAMHSA’s Disaster Distress Helpline provides 24/7, 988 free, confidential support across text, phone, and chat to people experiencing emotional distress related to natural or human-caused disasters.</td>
<td>CALL: 1-800-985-5990 TEXT: TalkWithUs To: 66746</td>
</tr>
<tr>
<td>Ohio Department of Health If you have questions regarding Coronavirus-COVID-19</td>
<td>CALL: 1-833-427-5634 1-833-4-ASK-ODH TEXT: 4HOPE To: 741741</td>
</tr>
<tr>
<td><em>Crisis Text Line</em> Crisis Text Line is a global not-for-profit organization providing free, confidential crisis text messaging via 988 message. The organization’s services are available 24 hours a day, every day, throughout the U.S.</td>
<td>CALL: 1-844-474-6522</td>
</tr>
<tr>
<td><em>Marietta Memorial Nurse Hotline</em> For reasons to support those, call 24-hour Nurse Advice Line 24 hours a day, 7 days a week.</td>
<td>CALL: 1-888-483-6340</td>
</tr>
<tr>
<td><em>Essential Community Services</em> 211Ohio connects people with health and social services organizations such as food, housing, utilities, mental health and addiction services.</td>
<td>CALL: 1-844-474-6522</td>
</tr>
<tr>
<td><em>National Suicide Prevention Lifeline</em> The Lifeline provides 24/7, free and confidential support people in distress, crisis and crisis resources for you or your loved ones, and suicide prevention for professionals.</td>
<td>CALL: 1-800-273-TALK 1-800-273-TALK</td>
</tr>
<tr>
<td>Washington County Hotline</td>
<td>CALL: 1-740-373-8240</td>
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<tr>
<td>National Child Abuse Hotline</td>
<td>CALL: 1-800-4-A-Child</td>
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<tr>
<td>Child Sexual Abuse Hotline</td>
<td>CALL: 1-866-677-5444 1-866-FOR-LIGHT</td>
</tr>
<tr>
<td>National Domestic Violence Hotline</td>
<td>CALL: 1-800-799-SAFE</td>
</tr>
<tr>
<td>Sexual Assault Hotline</td>
<td>CALL: 1-800-656-4673 1-800-656-HOPE</td>
</tr>
<tr>
<td>SAMHSA National Helpline</td>
<td>CALL: 1-800-662-4357 1-800-662-HELP</td>
</tr>
<tr>
<td>YouthLine</td>
<td>CALL: 1-877-958-8491 Or TEXT: TEENZTEEN TO: 893863</td>
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OhioMHAS Peer Recovery Supporter
Training Opportunity

If you are in recovery from a mental health and/or substance use disorder and would like to help others in recovery, consider becoming a Peer Recovery Supporter!

This training is available to individuals who live in (or willing to work as a Peer Recovery Supporter in) Ohio. First consideration will be given to residents of Washington County. There is a mandatory application process, 16 hours of pre-training online coursework, and a 40 hour in-person training.

Certification as a Peer Recovery Supporter (PRS) is the ultimate outcome. There are employment opportunities for Certified Peer Recovery Supporters locally and across the state.

This training is part of the Washington County Behavioral Health Board’s and the State of Ohio’s commitment to transforming the behavioral health system into a Recovery-Oriented System of Care. Peer Recovery Supporters are a powerful support to individuals in recovery, and agencies/service providers are realizing the major impact a PRS can have on an individual’s recovery journey. Your participation is so appreciated!

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### Washington County Sites:
- Jane Edwards Head Start Center, Marietta-Site Opens June 8th
  - Pick-up from 12:12:30 PM
- John Dodge Park, Beverly-Site Opens June 3rd
  - Pick-up from 12:12:30 PM
- Lower Salem Village, Mill Site Opens June 3rd
  - Pick-up from 11:11:30 AM
- Lowell Elementary School-Site Opens June 3rd
  - Pick-up from 12:12:30 PM
- Newport Elementary School-Site Opens June 3rd
  - Pick-up from 12:12:30 PM
- Carroll Senior Center, New Matamoras-Site Opens June 3rd
  - Pick-up from 12:12:30 PM
- Warren High School-Site Opens June 3rd
  - Pick-up from 11:11:30 AM
- (Old) Lawrence Elementary, State Route 26 - Site Opens June 8th
  - Pick-up from 11:11:30 AM
- Mocksburg U.M. Church, Mechanic St.-Site Opens June 8th
  - Pick-up from 12:15:12:45 PM

### Morgan County Sites:
- Riecker Building, Middletown-Site Opens June 3rd
  - Pick-up from 12:12:30 PM
- Morgan Metro Housing Authority-Site Opens June 3rd
  - Pick-up from 12:12:30 PM
- Chesterhill Community Building-Site Opens June 3rd
  - Pick-up from 11:11:30 AM

**RSVP your meal each day at: 740-373-3455 (Washington County) or 740-962-6696 (Morgan County).**

**Meals must be reserved the day before you wish to attend or by 8AM on the day you plan to attend.**

*Please indicate which site you wish to pick up your meal!!*

Sponsored By Washington Morgan Community Action

*Times Subject to Change*  
*Due to COVID-19, all sites are pick-up only*
Thank You!

Our next Washington County Creating Healthy Communities Coalition is Thursday, August 20, 2020, 8:30 a.m. at Gold Star Park Facility 801 Lancaster St, Marietta, OH 45750.

If your community group, school, worksite, or church would like to join the Coalition or has an idea to create healthier communities in Washington County, please email sellem@wcgov.org or call 740-374-2782, ext. 3342. We love to hear new ideas and may be able to assist in turning your idea into action!